



**SOUTHWEST**  
HEALTH & HUMAN  
SERVICES

SOUTHWEST HEALTH AND HUMAN SERVICES  
HUMAN SERVICES BOARD

MINUTES

Date: November 15th, 2017  
Place: Lyon County Government Center  
Commissioner Room  
Marshall, Minnesota

Opened: 9:00am  
Adjourned: 9:52am

The monthly meeting of the Human Services Board for Southwest Health and Human Services was held on Wednesday, November 15th, 2017 in the Commissioners room of the Lyon County Government Center at 607 West Main Street, Suite 200 in Marshall, Minnesota. The meeting was called to order by Chairperson Nath. The Pledge of the Allegiance was said.

Members present:

Jeane Anderson  
Rick Anderson  
Ron Boyenga  
Greg Burger  
Dave Forkrud  
James Jens  
Gerald Magnus  
Les Nath  
Jim Salfer  
Charles Sanow  
Lois Schmidt  
Steve Schulze  
Corey Sik  
Sherri Thompson  
Mic VanDeVere  
Pam VanOverbeke  
Dan Wildermuth

Members absent:

Carol Flahaven

Staff present:

Karla Arends	Jennifer Beek
Carol Biren	Monica Christianson
Scott Gilsrud	Karri Harvey
Jessica Hively	Stacy Jorgensen
Krista Kopperud	Elaine Ladwig

Stacey Longtin	Jennifer Lundberg
Amy Marks	Lauren Mellenthin
Cindy Nelson	Tanlee Noomen
Judy VandenBosch	Christine Versaevel
Nancy Walker	Tina Zeug

C. **Consent Agenda-**

Chairperson Nath asked if there were any additions to the agenda. There were none. Nath asked if anyone had a conflict of interest to identify. None were identified. He asked if there were any correction or additions to the minutes of the October 18th, 2017 meeting. Motion made by Sanow, second by VanDeVere: to approve the complete consent agenda as presented. The motion carried unanimously.

D. **Financial-**

Deputy Director Nancy Walker came forward to give the monthly report. The month of October started out with a beginning balance in checking of \$1,011,568 and ended at \$1,033,115 and I transferred a total of \$1,500,000 from savings to checking in October. The month of October ended with a balance of \$1,309,267 in the Bremer savings account and \$75,165 in the Great Western Bank savings account. The overall ending cash balance was \$2,417,547. Our average balance for the last 2 years at this time is \$2,106,298. The self-insurance fund was at \$497,527.63 as of October 31<sup>st</sup>, 2017. As of today the fund balance is \$654,971.00. Ending October 2017, Public Health was 3% under budget for revenues and 2% over budget for expenditures. Year to date Revenues are \$3,102,283.34 and expenses are at \$3,283,301.32 with a net of (\$181,017.98). Human Services was 9% under budget for revenues and 3% over budget for expenditures. Year to date Revenues are \$19,162,915.50 and expenses are at \$22,377,449.73 with a net of (\$3,214,534.23). Motion made by Magnus second by Anderson: To forward the financials to the Governing Board. Motion carried unanimously.

E. **Caseload-**

Chairperson Nath asked if there were any comments or concerns about the caseload. None were stated.

F. **Discussion/Information**

1. Director Wilms asked Scott Gilsrud, Licensed Alcohol and Drug Counselor, to come forward and present to the Board. Scott has been working the chemical dependency field for 25 years. When he first started the number of people in treatment from Minnesota was around 35,000 now the numbers are closer to 54,000. The number of Methamphetamine user alone have grown 2-3 times higher in the last ten years. Heroin use has also exploded in Minnesota, Redwood County having the highest rate in Southwest Minnesota. He stated heroin is a very economical drug, with a quicker addiction rate, and also physical harm is more severe. Scott also mentioned that some treatment centers are not always complacent with housing drug addicts, needing more staff to help combat the withdrawal symptoms. Last year there was 6-8 drug over doses

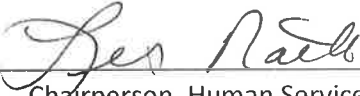
and almost all of them were out of treatment. When drug addicts get out of treatment, and if they relapse, often think they can use the same amount of drug as they did before they started treatment causing these overdoses. He stated that Narcan is a drug that is being used to reverse the effects of heroin and opioids. Anyone can get Narcan as long as they get the training to administer it. Scott also shared two success stories with the Board.

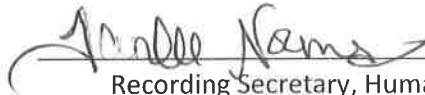
2. Director Wilms asked Jennifer Lundberg, and Elaine Ladwig, both Adult Mental Health Social Workers, to come forward and update the Board on the Local Advisory Council. Jennifer stated that there are six counties in the counsel: Lincoln, Lyon, Murray, Pipestone, Redwood, and Yellow Medicine. There is 11 community partners that join, also Southwest Health and Human Services has Adult and Childrens mental health representatives. They are seeing a lack of providers in various areas of the communities. Lack of in patient, autism, mentorship, transportation, housing, financial support, support for people with service animals. Jennifer and Elaine extended an offer for the Board members to come join the next Local Advisory Council meeting.


G. **Decision Items**  
None

Chairperson Nath asked if there was anything further to bring to the Board. Hearing nothing, he adjourned the meeting at 9:52am.

Approved Date 12-20-17

Authorized   
Chairperson, Human Services Board

  
Recording Secretary, Human Services Board

Attest:   
Director