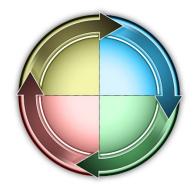
### **About Us:**

Restorative practices (RP) are drawn from the traditions of Indigenous people and communities of color around the world. They are grounded in a belief that people are profoundly relational, interconnected inherently good. RP include ways of creating a community that honors the importance of relationships amongst all members in the community; as well as practices to repair relationships when harm has been caused. RP addresses the needs of all people impacted by the harm.



"It's not about the goals, it is about the lessons that come with it."

-Circle youth participant



#### Contact us:

Megan Boerboom Circle Coordinator 507-532-4121 Megan.Boerboom@swmhhs.com

Learn more about Restorative Practices at www.SWMHHS.com

"The biggest gift we can give the community and the people we serve is the opportunity to resolve these

-Paul Schnell, St. Paul Police Department.

problems themselves.

## Restorative **Practices**

Southwest Health and Human Services (SWHHS)

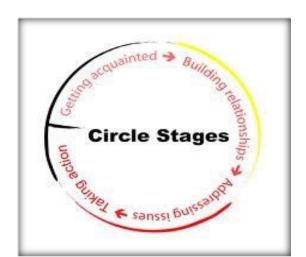
A Multi-County Agency Committed to Serving You

#### Circle

Circle is a structured process for organizing effective group communication, relationship building, decision-making, and conflict resolution.

#### **Circles Offered:**

- Juvenile Circle Sentencing: An alternative response to a crime that promotes healing and safety for everyone.
- Family & Community Circle: Creates support networks for youth transitioning home from placement and works with youth and families with a variety of familial matters that may be leading to placement or family conflict.
- Circle of Hope: A community and strengths-based process to enhance the ability of persons in recovery to continue to live a life free of substance abuse.





# Family Group Decision Making (FGDM)

FGDM is a strengths-based process in which family and their broader support network are brought together to collectively make decisions and develop a plan to resolve a concern.

## Mappings

Mapping is a tool that originated with the Signs of Safety approach, which is widely used in child protection case management. Mapping is a simple process that helps families or teams identify their strengths and concerns as well as create an action plan for the future.

## Community Volunteers

Most, if not all, of our Circles are supplemented by community volunteers. All contributors, regardless of style or content, are respected and incorporated into shaping outcomes. No one needs special knowledge or skills to participate.

#### How can you help?

If you are interested or know of a person who may be interested in volunteering, please contact the Circle Coordinator.

