

# Coronavirus Situational Awareness

October 29, 2020



**SOUTHWEST  
HEALTH & HUMAN  
SERVICES**

**Southwest Health & Human Services serves the counties of Lincoln, Lyon, Murray, Pipestone, Redwood and Rock Counties.**

**As of 10/29/2020- Current confirmed cases of COVID-19**

## Situational Update

	Lincoln County	Lyon County	Murray County	Pipestone County	Redwood County	Rock County
Current Case #	193	1,030	297	366	299	267
Additional Cases since 10/14	+ 43	+182	+73	+56	+79	+92
Deaths	0	6	3	17	12	5

**Are you sick?  
Call FIRST:**

<b>Avera Regional Medical Center</b> in Marshall, Tyler, Granite Falls:  1-877-AT AVERA (282-8372)	<b>Murray County Medical Center:</b>  507-836-6111	<b>Pipestone County Medical Center:</b>  507-825-PCMC (7262)	<b>Sanford Luverne:</b> My Sanford Nurse Hotline (800) 445-5788  Sanford Luverne (507) 283-4476
<b>Sanford Tracy:</b> My Sanford Nurse Hotline (800) 445-5788  Sanford Tracy (507) 629-8300	<b>Hendricks Community Hospital:</b>  (507) 275-3134	<b>Carris Health</b> in Redwood Falls:  507-637-1730  CentraCare Connect: 320-200-3200, 24/7 to speak with a nurse	For any other hospitals/clinics other than the ones mentioned, <b>please call your health care provider</b> to get information regarding COVID-19.

## COVID-19 Cases in Minnesota

**As of October 29, 2020**, there have been **142,311** total positive cases (cumulative) of Coronavirus Disease 2019 in the State of Minnesota. **14,095** of the total positive cases in Minnesota have been from health care workers. There have been **2,419** total deaths within the state due to COVID-19. There have been **9,991** total cases where hospitalization was required. **124,379** cases of patients who have no longer needed to be isolated.

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**If you feel like you want to harm yourself or your know someone who could, **Call 9-1-1****

## **Crisis Hotlines 24 Hours a day, 7 Days a week**

**Southwestern Mental Health** (Rock & Pipestone Counties)

- 1-800-642-1525

**Western Mental Health Center** (Lincoln, Lyon, Murray & Redwood Counties)

- 1-800-658-2429

**Mental Health/Substance Abuse- Call:**

**Catholic Charities** (Locations in Marshall, Hutchinson, New Ulm and Willmar)

- 1-866-670-5163

**Minnesota Farm & Rural Helpline**

- 833-600-2670 (press 1)
- minnesotafarmstress.com
- Free, confidential, available 24/7. If you or someone you know is struggling with stress, anxiety, depression, or suicidal thoughts – call. Sometimes it is easier to talk to somebody you don't know. Translators available.

**Greater Minnesota Family Services**

- Counseling and Therapy services to support whole family mental health
- 320-214-9692 ext. 4167

## **Community Testing**

### **Community Testing Results:**

**1) Luverne Community Testing Results:** Held on October 13<sup>th</sup>-15<sup>th</sup>, 545 people were tested. 26 positives, which is a 4.8% positivity rate.

**2) Tyler Community Testing Results:** Held on October 27<sup>th</sup>, 152 tests were performed. Results will come in by tomorrow or Monday.

### **Community Testing Locations Next Week:**

**1) Pipestone Community Testing** in Pipestone will be held on Thursday November 4<sup>th</sup> from 2:00-6:00 PM and Friday November 5<sup>th</sup> from 12:00-6:00 PM at National Guard Armory: 421 2<sup>nd</sup> Avenue SW, Pipestone, MN 56164  
**Sign up at:** <https://www.primarybio.com/r/pipestone>

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October 29, 2020



The overall objective for these testing events are to increase access to “no barrier” COVID-19 testing across the state to find new positive cases as early as possible to prevent further spread of the virus.

Increased access to testing and identifying positive cases as early as possible is a critical way to keep schools and the economy as open as possible. Helping someone find out they are positive early helps them protect others. However, positive cases staying hidden leads to more spread and more detrimental impact to our schools and economy.

For more information on community testing locations:

## COVID-19 Community Testing

Free testing locations offered by the Minnesota Department of Health (MDH), in partnership with communities.

[Kev Kuaj Kab Mob COVID-19 Hauv Zej Zog \(Hmong\)](#)

[Ka-tijaabinta Jaaliyadda ee COVID-19 \(Somali\)](#)

[Pruebas de COVID-19 en la Comunidad \(Spanish\)](#)

## First Responder Toolkit

The University of Minnesota, Minnesota Department of Health and U of M: College of Education and Human Development created a [First Responder Toolkit](#) that allows users to take surveys so they can monitor job-related stress, or [compassion fatigue](#), and it offers tips, resources and feedback on the survey responses.

About 30% of first responders experience depression or post-traumatic stress disorder, compared with 20% of the general population. They are also at a higher risk of dying by suicide, according to federal estimates.

The ultimate goal of the app is to allow health and emergency response professionals to take care of themselves so they can continue to take care of others.



<https://firstrespondertoolkit.com/>

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## Video Challenge for Youth

### *Keep Minnesotans healthy and win \$500!*

Submit your 30-60 second video message engaging young folks to help reduce the spread of COVID-19. The **#spreadinfonotcovid** video challenge encourages BIPOC (Black, Indigenous and People of Color) and other young folks to help reduce the spread of COVID-19. Must be between the ages of 18-25 (on date of submission) and live in the State of Minnesota.

Participants are encouraged to use comedy, visual arts, music, drama, dance or other creative messaging. The goal is to promote COVID-19 safety procedures such as wearing a mask, hand washing, and social distancing. Four winners will be announced by December 11th, 2020 and receive a \$500 Visa gift card. The #spreadinfonotcovid video challenge is brought to you by TPT NOW, NewPublica and the Minnesota Department of Health.

#### To enter:

- Must be between the ages of 18-25 (on date of submission)
  - Live in the State of Minnesota
- Create a 30-60 video on your phone to convince young people to practice COVID safety
  - Click this link for the submission page <http://bit.ly/spreadinfonotcovid>
    - Enter all required information
    - Upload your video in MP4/.MOV Format
  - Entries will be evaluated on accuracy and creativity

**Video challenge began on 10/23/2020 and will end 11/30/2020.**

Four Winners will be selected on **12/04/2020** and notified by **12/11/2020**. If chosen, winners must be available to discuss social media campaign strategies (creating hashtags, when to post, giving input on video editing, etc.)



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October 29, 2020



## Halloween 2020

### Have a safe, wonderful Halloween weekend!



## Minnesota Department of Health COVID-19 Documents

- [COVID-19](#)
- [Masks and face coverings](#)
- [What to do if you have COVID-19](#)
- [What to do if you're waiting for COVID-19 test results](#)
- [What to do if you have had close contact with a person with COVID-19](#)
- [Caring for Someone Sick at Home](#)
- [Help slow the spread](#)
- [Health Screening for Building Entrances](#)
- [Handling a Suspected or Confirmed Positive Case of COVID-19: Information for Schools](#)
- [2020-2021 Planning Guide for Schools: Health Considerations for Navigating COVID-19 \(PDF\)](#)
- For more resources, see:  
<https://www.health.state.mn.us/diseases/coronavirus/materials/index.html#sm1>

<b>Discrimination Helpline</b>	<p>COVID-19 <b>does not</b> discriminate based on race, where you come from, your immigration status, or anything else.</p> <p>If you have experienced or witnessed an incident of discrimination or bias call Minnesota's Discrimination Helpline at:</p> <ul style="list-style-type: none"><li>• 1-833-454-0148 from Monday through Friday, 8:00 am to 4:30 pm. Interpreters are available. Or submit this <a href="#">online form</a>.</li></ul>
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	<p>The helpline is staffed by investigators from the Minnesota Department of Human Rights.</p> <p>If you are the victim of a crime, including a hate crime, or fear for your safety, call 911 immediately.</p>
<b>Questions? Call:</b>	<p><b>MDH public hotlines:</b> Interpreters are available for below</p> <ul style="list-style-type: none"><li>• <u>Minnesota Helpline:</u> 651-297-1304 or 1-800-657-3504 from 9 a.m. to 4 pm Monday through Friday. The COVID-19 Public Hotline will no longer be operating during weekends.</li></ul>
<b>Credible information websites</b>	<p><u><a href="#">Centers for Disease Control and Prevention</a></u> <u><a href="#">State of Minnesota COVID-19 Response</a></u> <u><a href="#">Stay Safe Minnesota</a></u> <u><a href="#">Minnesota Department of Health</a></u> <u><a href="#">Southwest Health &amp; Human Services</a></u></p>