May 14, 2020



	Southwest Health & Human Services serves the counties of Lincoln, Lyon, Murray, Pipestone, Redwood and Rock Counties.			
Situational Update	For updated information on case numbers, please see https://www.health.state.mn.us/diseases/coronavirus/situation.html . Minnesota Department of Health updates case numbers every day at 11:00 AM on their website. As of 5/14/2020- Current confirmed cases in Lincoln County: 4, Lyon County: 22, Murray County: 30, Pipestone County: 9, Redwood County: 3, Rock County: 19 Not all suspect cases of COVID-19 are being tested.			
Are you sick? Call FIRST:	Avera Regional Medical Center in Marshall, Tyler, Granite Falls: 1-877-AT AVERA (282-8372)	Murray County Medical Center: 507-836-6111	Pipestone County Medical Center: 507-825-PCMC (7262)	Sanford Luverne: My Sanford Nurse Hotline (800) 445- 5788 Sanford Luverne (507) 283-4476 Are you a Sanford patient? You can do an e-visit with your My Sanford Chart.
	Sanford Tracy: My Sanford Nurse Hotline (800) 445-5788 Sanford Tracy (507) 629-8300 Are you a Sanford patient? You can do an e-visit with My Sanford Chart.	Hendricks Community Hospital: (507) 275-3134	Carris Health in Redwood Falls: 507-637-1730 CentraCare Connect: 320-200-3200, 24/7 to speak with a nurse	For any other hospitals/clinics other than the ones mentioned, please call your health care provider to get information regarding COVID-19.

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COVID-19 Cases in Minnesota

As of May 14, 2020, there have been 13,435 total positive cases of Coronavirus Disease 2019 in the State of Minnesota. 1,605 of the total positive cases in Minnesota have been from health care workers. There have been 663 total deaths within the state due to COVID-19. There have been 1,915 total cases who have required hospitalization. 8,473 cases of patients who have no longer needed to be isolated.

If you feel like you want to harm yourself or your know someone who could, Call 9-1-1

Crisis Hotlines 24 Hours a day, 7 Days a week

Southwestern Mental Health (Rock & Pipestone Counties)

1-800-642-1525

Western Mental Health Center (Lincoln, Lyon, Murray & Redwood Counties)

1-800-658-2429

Catholic Charities (Locations in Marshall, Hutchinson, New Ulm and Willmar)

• 1-866-670-5163

Minnesota Farm & Rural Helpline

- 833-600-2670 (press 1)
- minnesotafarmstress.com
- Free, confidential, available 24/7. If you or someone you know is struggling with stress, anxiety, depression, or suicidal thoughts – call.
 Sometimes it is easier to talk to somebody you don't know. Translators available.





May 14, 2020



Stay at Home MN until May 18th



Stay SAFE MN Beginning May 18th

- Beginning on May 18th, Retail stores, malls and other main street businesses can reopen if they have a safety plan and operate at no more than 50 percent occupancy.
 - Restaurants, bars, salons and gyms remain closed.
- Minnesotans may gather with friends and family in groups of 10 people or less.
 - Social, civic, community, faith-based, leisure or religious gatherings are prohibited for groups over 10 people.
- Continue to follow these safe practices:
 - Wash your hands often
 - Get tested if experiencing symptoms
 - Maintain social distance of 6 feet from another person
 - Wear a mask
 - Stay home when able and Stay home when you are sick!

More information

With the Governor's Emergency Executive Order 20-56 "Safely Reopening Minnesota's Economy and Ensuring Safe Non-Work Activities during the COVID-19 Peacetime Emergency," more information can be found at https://mn.gov/governor/assets/EO%2020-56%20Final-tcm1055-431921.pdf and https://mn.gov/covid19/

Symptoms of Coronavirus Disease 2019

For up-to-date information on COVID-19 symptoms, please watch Centers for Disease Prevention and Control at https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html. They also have a Self-Checker to help guide you through making decisions on if you would need to seek medical care for your illness.

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	MDH public hotlines:			
Questions?	Health Questions: 651-201-3920 or 1-800-657-3903 from 7 am. To 7 pm.			
Call:	 Community Mitigation (schools, child care, business) Questions: 			
	651-297-1304 or 1-800-657-3504 from 8 a.m. to 6 p.m.			
Credible	Centers for Disease Control and Prevention			
information	Minnesota Department of Health			
websites	Southwest Health & Human Services			