

Coronavirus Situational Awareness

June 25, 2020



Situational Update	<p>Southwest Health & Human Services serves the counties of Lincoln, Lyon, Murray, Pipestone, Redwood and Rock Counties.</p> <p>As of 6/25/2020- Current confirmed cases in Lincoln County: 7, Lyon County: 284 and 2 deaths, Murray County: 47, Pipestone County: 15, Redwood County: 12, Rock County: 28</p>
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<p>Are you sick? Call FIRST:</p>	<p>Avera Regional Medical Center in Marshall, Tyler, Granite Falls: 1-877-AT AVERA (282-8372)</p>	<p>Murray County Medical Center: 507-836-6111</p>	<p>Pipestone County Medical Center: 507-825-PCMC (7262)</p>	<p>Sanford Luverne: My Sanford Nurse Hotline (800) 445-5788 Sanford Luverne (507) 283-4476</p>
	<p>Sanford Tracy: My Sanford Nurse Hotline (800) 445-5788 Sanford Tracy (507) 629-8300</p>	<p>Hendricks Community Hospital: (507) 275-3134</p>	<p>Carris Health in Redwood Falls: 507-637-1730 CentraCare Connect: 320-200-3200, 24/7 to speak with a nurse</p>	<p>For any other hospitals/clinics other than the ones mentioned, please call your health care provider to get information regarding COVID-19.</p>

COVID-19 Cases in Minnesota

As of June 25, 2020, there have been **34,123** total positive cases of Coronavirus Disease 2019 in the State of Minnesota. **3,486** of the total positive cases in Minnesota have been from health care workers. There have been **1,406** total deaths within the state due to COVID-19. There have been **3,943** total cases where hospitalization was required. **29,854** cases of patients who have no longer needed to be isolated.



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<p>Mental Health/Substance Abuse Call:</p>	<p>If you feel like you want to harm yourself or your know someone who could, Call 9-1-1</p> <p><u>Crisis Hotlines 24 Hours a day, 7 Days a week</u></p> <p>Southwestern Mental Health (Rock & Pipestone Counties)</p> <ul style="list-style-type: none">• 1-800-642-1525 <p>Western Mental Health Center (Lincoln, Lyon, Murray & Redwood Counties)</p> <ul style="list-style-type: none">• 1-800-658-2429 <p>Catholic Charities (Locations in Marshall, Hutchinson, New Ulm and Willmar)</p> <ul style="list-style-type: none">• 1-866-670-5163 <p>Minnesota Farm & Rural Helpline</p> <ul style="list-style-type: none">• 833-600-2670 (press 1)• minnesotafarmstress.com• Free, confidential, available 24/7. If you or someone you know is struggling with stress, anxiety, depression, or suicidal thoughts – call. Sometimes it is easier to talk to somebody you don't know. Translators available. <p>Greater Minnesota Family Services</p> <ul style="list-style-type: none">• Counseling and Therapy services to support whole family mental health• 320-214-9692 ext. 4167
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How COVID-19 Contact Tracing Works

1. When a person tests positive for COVID-19, doctors, hospitals and the lab report the names of the people to the health department, the same way they report other infectious diseases. They also report the results to the person who tested and tell them what to do next.
2. A trained contact tracer calls the people with the positive test to ask about their symptoms, how they may have been infected and who they may have infected.
 - a. Asked about the people who they spent time close to (“close contacts”) starting two days before they were tested or when they started to feel sick. These people could have been exposed to the virus.
3. A trained contact tracer then calls the close contacts that the person told them about.
 - a. People who live with a person who tested positive and other close contacts are told that they may have been exposed and need to stay home for 14 days from the time they were last close to the person who tested positive.

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- b. Told to watch for symptoms to develop
- c. If these people start to feel sick during the 14 days, they should continue to stay home and call their doctor to be tested.

What does “close contact” mean?

1. People that test positive for COVID-19 will be asked who they have spent time with starting two days before they are tested or when they started to feel sick.
2. Being close mean **less than 6 feet from someone for 15 minutes or more.**
3. The longer someone is close to the person who has COVID-19, and the closer they are, the greater chance the virus can spread.

For more information around contact tracing, please visit

<https://www.health.state.mn.us/diseases/coronavirus/tracing.html>

COVID-19 Preparedness Planning

By June 29th, all critical sector and non-critical sector employers need to have a COVID-19 preparedness plan in place. For COVID-19 Preparedness Plan templates, please visit

dli.mn.gov/updates. For more questions,

<https://mn.gov/deed/newscenter/covid/safework/safe-reopening/>

Guidance for Gatherings: Faith-based, Places of Worship and Ceremonies

In order to hold in-person services, all faith-based, places of worship, funeral homes and other venues must develop and implement a [COVID-19 Preparedness Plan](#).

Guidance was posted on June 15, 2020 from Minnesota Department of Health and can be found here: <https://www.health.state.mn.us/diseases/coronavirus/guidefaith.pdf>

Social distancing of at least 6 feet between others need to be maintained. Face coverings are strongly recommended whenever one is gathering outside of their household.

Stay Safe: Traveling to Cabins or Campgrounds

- Stay close to home as much as possible.
- Keep at least 6 feet of space between people if you need to stop at a gas station, restaurant, or rest stop.

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- Wear a mask or cloth face covering when you go into the station, restaurant, or rest stop.
- If you need to use shared amenities or equipment, wash your hands or use hand sanitizer with at least 60% alcohol after using them.
- Only have people from the same household in the same vehicle, cabin, or tent.
- For more information on guidelines for camping and other outdoor activities, select the [DNR's COVID-19 Response page](#).

Guidance for Window Visits at Long-Term Care Facilities

Visiting with residents/family members through their windows at assisted living and other long-term care facilities is a way to keep them safe while still keeping them connected. Restrictions on indoor visitations are still in place.

New Guidance has been created for window visits:

- Step 1: Decide whether a window visit is right for your loved one.
- Step 2: Contact the long-term care facility.
- Step 3: Set a time and place.
- Step 4: Implement safety measures.

All of the window visits must comply with social distancing requirements. Visitors must keep at least 6 feet away from people visiting other residents.

For more information, visit

<https://www.health.state.mn.us/diseases/coronavirus/hcp/lcwindows.pdf>

Discrimination Helpline

COVID-19 **does not** discriminate based on race, where you come from, your immigration status, or anything else.

If you have experienced or witnessed an incident of discrimination or bias call Minnesota's Discrimination Helpline at:

- 1-833-454-0148 from Monday through Friday, 8:00 am to 4:30 pm. Interpreters are available. Or submit this [online form](#).

The helpline is staffed by investigators from the Minnesota Department of Human Rights.

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	<p>If you are the victim of a crime, including a hate crime, or fear for your safety, call 911 immediately.</p>
<p>Questions? Call:</p>	<p>MDH public hotlines: Interpreters are available for below</p> <ul style="list-style-type: none">• <u>Minnesota Helpline:</u> 651-297-1304 or 1-800-657-3504 from 8 a.m. to 4:30 pm Monday through Friday. The COVID-19 Public Hotline will no longer be operating during weekends.
<p>Credible information websites</p>	<p><u>Centers for Disease Control and Prevention</u> <u>Minnesota Department of Health</u> <u>Southwest Health & Human Services</u></p>