

Coronavirus Situational Awareness

August 13, 2020



Situational Update	Southwest Health & Human Services serves the counties of Lincoln, Lyon, Murray, Pipestone, Redwood and Rock Counties.					
	As of 8/13/2020- Current confirmed cases of COVID-19					
		Lincoln County	Lyon County	Murray County	Pipestone County	Redwood County
Current Case #	61	426	125	158	37	86
Additional Cases since 7/30	+ 8	+12	+6	+18	+7	+16

Are you sick? Call <u>FIRST</u>:	Avera Regional Medical Center in Marshall, Tyler, Granite Falls: 1-877-AT AVERA (282-8372)	Murray County Medical Center: 507-836-6111	Pipestone County Medical Center: 507-825-PCMC (7262)	Sanford Luverne: My Sanford Nurse Hotline (800) 445-5788 Sanford Luverne (507) 283-4476
	Sanford Tracy: My Sanford Nurse Hotline (800) 445-5788 Sanford Tracy (507) 629-8300	Hendricks Community Hospital: (507) 275-3134	Carris Health in Redwood Falls: 507-637-1730 CentraCare Connect: 320-200-3200, 24/7 to speak with a nurse	For any other hospitals/clinics other than the ones mentioned, please call your health care provider to get information regarding COVID-19.

COVID-19 Cases in Minnesota

As of August 13, 2020, there have been **62,993** total positive cases (cumulative) of Coronavirus Disease 2019 in the State of Minnesota. **7,205** of the total positive cases in Minnesota have been from health care workers. There have been **1,685** total deaths within the state due to COVID-19. There have been **5,742** total cases where hospitalization was required. **56,346** cases of patients who have no longer needed to be isolated.

Coronavirus Situational Awareness

August 13, 2020



<p>Mental Health/Substance Abuse Call:</p>	<p>If you feel like you want to harm yourself or your know someone who could, Call 9-1-1</p> <p><u>Crisis Hotlines 24 Hours a day, 7 Days a week</u></p> <p>Southwestern Mental Health (Rock & Pipestone Counties)</p> <ul style="list-style-type: none">• 1-800-642-1525 <p>Western Mental Health Center (Lincoln, Lyon, Murray & Redwood Counties)</p> <ul style="list-style-type: none">• 1-800-658-2429 <p>Catholic Charities (Locations in Marshall, Hutchinson, New Ulm and Willmar)</p> <ul style="list-style-type: none">• 1-866-670-5163 <p>Minnesota Farm & Rural Helpline</p> <ul style="list-style-type: none">• 833-600-2670 (press 1)• minnesotafarmstress.com• Free, confidential, available 24/7. If you or someone you know is struggling with stress, anxiety, depression, or suicidal thoughts – call. Sometimes it is easier to talk to somebody you don't know. Translators available. <p>Greater Minnesota Family Services</p> <ul style="list-style-type: none">• Counseling and Therapy services to support whole family mental health• 320-214-9692 ext. 4167
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School Planning Guidance 2020-2021

On July 30th, Minnesota Department of Education, Minnesota Department of Health and the State of Minnesota provided information on the Safe Learning Plan for the 2020-2021 school year.

Schools have been working diligently at planning for the year to come and thinking about students, staff and parents to make school the safest they can.

The Safe Learning Plan can be found at https://mn.gov/covid19/assets/safe-learning-plan_tcm1148-442202.pdf

For more information around your school district's plan, watch for updates on their school website.

Remember, what happens in the community will affect how the school year will be, also what happens in the school affects the community.

Coronavirus Situational Awareness

August 13, 2020



Mask Information

Wash your hands before putting on your mask and after taking it off.

Cover your nose and mouth. Try to fit it snugly against the sides of your face.

Keep the mask on your face the whole time that you are out and about. Do not put the mask around your neck or on your forehead.

Wash your mask after each time you wear it.



CARES Act and COVID-19 Testing

Did you know that the CARES Act requires that COVID-19 testing is covered without cost sharing? This applies to all health insurance coverage in Minnesota.

It is important to know that this applies to the test only, office visits are not covered though the CARES Act. Some insurance carriers have agreed to waive cost sharing for in network visits associated with the COVID-19 test. It is important to check with your health insurance to find out what will be covered and what is considered in network.

[Find Testing Locations](#)

COVID Cares offers free telephone support

Free telephone support 833-HERE4MN (833-437-3466), 9 a.m. to 9 p.m., 7 days a week

The COVID Cares Support Service is a free telephone support service staffed by volunteer licensed mental health and substance use disorder personnel. The volunteers are available

Coronavirus Situational Awareness

August 13, 2020



for 20-minute support calls to listen, share resources and tools, and talk with all Minnesotans experiencing stress.

The service started in April through a collaboration with volunteers from the Minnesota Psychiatric Society, the Minnesota Psychological Association, the Minnesota Black Psychologists, and Mental Health Minnesota. The free service is also accessible at FastTrackerMN.org where searchers can also find psychiatric and mental health services availability and real-time Substance Use Disorder Treatment program openings.

COVID Cares Support Service Information Links:

- [COVID Cares Support Service Information](#) for general information, links, etc.
- [COVID Cares Support Service Schedule](#) offers contact information for specific providers from 9am to 9pm every day of the week.
- www.FastTrackerMN.org is a free statewide search tool to find mental health resource availability and real-time SUD treatment program openings.
- [PAL Psychiatric Assistance Line](#) is a consultation service making psychiatric consultation available to primary care providers / prescribers weekdays 8am-6pm.

Find more information online at the [COVID Cares telephone support services](#) webpage.

Minnesota Department of Health COVID-19 Documents

- [COVID-19](#)
- [Masks and face coverings](#)
- [What to do if you have COVID-19](#)
- [What to do if you're waiting for COVID-19 test results](#)
- [What to do if you have had close contact with a person with COVID-19](#)
- [School Planning Guidance 2020-2021](#)
- [Caring for Someone Sick at Home](#)
- [Help slow the spread](#)
- [Health Screening for Building Entrances](#)
- For more resources, see:
<https://www.health.state.mn.us/diseases/coronavirus/materials/index.html#sm1>

Coronavirus Situational Awareness

August 13, 2020



<p>Discrimination Helpline</p>	<p>COVID-19 does not discriminate based on race, where you come from, your immigration status, or anything else.</p> <p>If you have experienced or witnessed an incident of discrimination or bias call Minnesota's Discrimination Helpline at:</p> <ul style="list-style-type: none">• 1-833-454-0148 from Monday through Friday, 8:00 am to 4:30 pm. Interpreters are available. Or submit this online form. <p>The helpline is staffed by investigators from the Minnesota Department of Human Rights.</p> <p>If you are the victim of a crime, including a hate crime, or fear for your safety, call 911 immediately.</p>
<p>Questions? Call:</p>	<p>MDH public hotlines: Interpreters are available for below</p> <ul style="list-style-type: none">• <u>Minnesota Helpline:</u> 651-297-1304 or 1-800-657-3504 from 9 a.m. to 4 pm Monday through Friday. The COVID-19 Public Hotline will no longer be operating during weekends.
<p>Credible information websites</p>	<p>Centers for Disease Control and Prevention Minnesota Department of Health Southwest Health & Human Services</p>