October 14, 2020



Southwest Health & Human Services serves the counties of Lincoln, Lyon, Murray, Pipestone, Redwood and Rock Counties.

As of 10/14/2020- Current confirmed cases of COVID-19

Situational Update

	Lincoln County	Lyon County	Murray County	Pipestone County	Redwood County	Rock County
Current Case #	150	848	224	310	220	267
Additional Cases since 9/30	+ 31	+110	+48	+95	+40	+112
Deaths	0	5	3	16	9	1

Are you sick?
Call FIRST:

Avera Regional Medical Center in Marshall, Tyler, Granite Falls: 1-877-AT AVERA (282-8372)	Murray County Medical Center: 507-836-6111	Pipestone County Medical Center: 507-825-PCMC (7262)	Sanford Luverne: My Sanford Nurse Hotline (800) 445- 5788 Sanford Luverne (507) 283-4476
Sanford Tracy: My Sanford Nurse Hotline (800) 445-5788 Sanford Tracy (507) 629-8300	Hendricks Community Hospital: (507) 275-3134	Carris Health in Redwood Falls: 507-637-1730 CentraCare Connect: 320-200-3200, 24/7 to speak with a nurse	For any other hospitals/clinics other than the ones mentioned, please call your health care provider to get information regarding COVID-19.

COVID-19 Cases in Minnesota

As of October 14, 2020, there have been 115,943 total positive cases (cumulative) of Coronavirus Disease 2019 in the State of Minnesota. 11,912 of the total positive cases in Minnesota have been from health care workers. There have been 2,180 total deaths within the state due to COVID-19. There have been 8,585 total cases where hospitalization was required. 103,830 cases of patients who have no longer needed to be isolated.

October 14, 2020



If you feel like you want to harm yourself or your know someone who could, Call 9-1-1

Crisis Hotlines 24 Hours a day, 7 Days a week

Southwestern Mental Health (Rock & Pipestone Counties)

1-800-642-1525

Western Mental Health Center (Lincoln, Lyon, Murray & Redwood Counties)

1-800-658-2429

Mental Health/Substance AbuseCall:

Catholic Charities (Locations in Marshall, Hutchinson, New Ulm and Willmar)

• 1-866-670-5163

Minnesota Farm & Rural Helpline

- 833-600-2670 (press 1)
- minnesotafarmstress.com
- Free, confidential, available 24/7. If you or someone you know is struggling with stress, anxiety, depression, or suicidal thoughts call. Sometimes it is easier to talk to somebody you don't know. Translators available.

Greater Minnesota Family Services

- Counseling and Therapy services to support whole family mental health
- 320-214-9692 ext. 4167

Community Testing

Community Testing will be going on in the SW area of Minnesota at the following locations:

- 1) Luverne Community Testing at the Grand Prairie Events Center: 105 S. Estey Street, Luverne, MN 56156- Tuesday, October 13, Wednesday October 14 and Thursday October 15 from 12:00 PM until 6:00 PM each of the days.
- 2) Tyler Community Testing in Tyler, MN 56178- Tuesday October 27th -Location and Time TBD (Watch SWHHS Facebook page for updates)
- **3) Pipestone Community Testing** in Pipestone, MN 56164- Thursday November 4th and Friday November 5th –**Location and Time TBD**(Watch SWHHS Facebook page for updates)

October 14, 2020



The overall objective for these testing events are to increase access to "no barrier" COVID-19 testing across the state to find new positive cases as early as possible to prevent further spread of the virus.

Increased access to testing and identifying positive cases as early as possible is a critical way to keep schools and the economy as open as possible. Helping someone find out they are positive early helps them protect others. However, positive cases staying hidden leads to more spread and more detrimental impact to our schools and economy.

For more information on community testing locations:

COVID-19 Community Testing

Free testing locations offered by the Minnesota Department of Health (MDH), in partnership with communities.

Kev Kuaj Kab Mob COVID-19 Hauv Zej Zog (Hmong)
Ka-tijaabinta Jaaliyadda ee COVID-19 (Somali)
Pruebas de COVID-19 en la Comunidad (Spanish)

Halloween 2020

Make trick-or-treating safer this year. Plan an alternative way to participate in Halloween activities.

- Avoid direct contact with trick-or-treaters.
- Give treats outdoors, if possible.
- Set up a station with individually bagged treated for kids to take.
- Wash hands before handling treats.
- Wear a mask- Make your mask part of your costume.
- Stay at least 6 feet away from others who do not live with vou.
- Bring hand sanitizer with you and use after touching objects.



Other Halloween activities

• Decorate and carve pumpkins with members from your household or outside with friends/neighbors.

October 14, 2020



- Visit an orchard, forest or corn maze.
 - Attend a scavenger hunt.
- Hide Halloween treats in and around your house. Hold a treat hunt with your household members.
 - Hold an outdoor costume parade/contest.
- Host an outdoor Halloween movie night with friends/neighbors or an indoor movie night with household members.



Minnesota Department of Health COVID-19 Documents

- COVID-19
- Masks and face coverings
- What to do if you have COVID-19
- What to do if you're waiting for COVID-19 test results
- What to do if you have had close contact with a person with COVID-19
- Caring for Someone Sick at Home
- Help slow the spread
- Health Screening for Building Entrances
- Handling a Suspected or Confirmed Positive Case of COVID-19: Information for Schools
- 2020-2021 Planning Guide for Schools: Health Considerations for Navigating COVID-19 (PDF)
- For more resources, see: https://www.health.state.mn.us/diseases/coronavirus/materials/index.html#sm1

Discrimination
Helpline

COVID-19 **does not** discriminate based on race, where you come from, your immigration status, or anything else.

October 14, 2020



	If you have experienced or witnessed an incident of discrimination or bias call Minnesota's Discrimination Helpline at:
	 1-833-454-0148 from Monday through Friday, 8:00 am to 4:30 pm. Interpreters are available. Or submit this online form.
	The helpline is staffed by investigators from the Minnesota Department of Human Rights.
	If you are the victim of a crime, including a hate crime, or fear for your safety, call 911 immediately.
	MDH public hotlines:
	Interpreters are available for below
Questions? Call:	 Minnesota Helpline: 651-297-1304 or 1-800-657-3504 from 9 a.m. to 4 pm Monday through Friday. The COVID-19 Public Hotline will no longer be operating during weekends.
	Centers for Disease Control and Prevention
Credible	State of Minnesota COVID-19 Response
information	<u>Stay Safe Minnesota</u>
websites	Minnesota Department of Health
	Southwest Health & Human Services